

COVA

CONFEDERATION OF
VOLUNTARY
ASSOCIATION



TMREIS
KHAIRATABAD
GIRLS-1

Group Members

→ Amreena

→ Afriya

→ Aliya



Supervised by

Shandhya Teacher

Very Introduction

Name of the student - Ayesha

class: - VII

Section & Roll No.: - B sec 05

School Name: - TMRS Khairatabad

Principal: - P. Narmada ma'am
Girls - I

Class teacher: - Rukiya bibi Teacher

Organization: - CEP Compassionate
Citizenship Programme

Head of the project: - Asfaq Hussain Sir

Topic: - Care of elders.

COVA Project

Index

- * Introduction / overview of the problem / Topic
1-2 pages
- Research methodology - 1 page
- Review of literature in Bullet points 1-2 pages
- Reference - 1 page
- * field observations / report in Bullet points 1-2 pages
- Recommendations for solution in Bullet points 1-2 pages
- * interviews
- * Suggestions for action in Bullet points
1-2 pages
- * Action taken by self / fellow
students groups / community / organisations
in Bullet points 1-2 pages
- * Report of Representation to
Elected Representative and official 1-2 pages
- * Results achieved in Bullet points 1-2 pages
- * conclusion 1 page
- * Acknowledgement 1 page



INTRODUCTION OF COVA

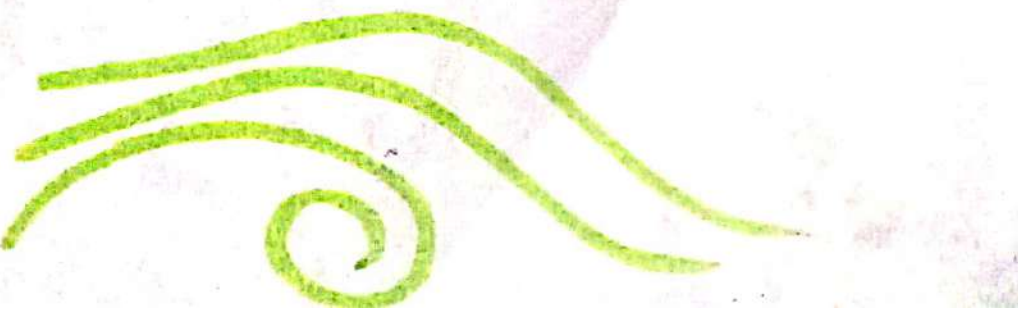
The COVA is the compassionate citizenship program. It is a part of education Research and Training of Telangana.

As part of this program,

The student can meet and can take the interview of the people.

It gives the study to the students and it helps the student to courage can understand the social issues.

It is the responsibility of people to become a part of this project.





CARE OF
EIDERS



Introduction



INTRODUCTION.



ABOUT
CARE OF
ELDERS

Introduction care of elders.

Care of elders means taking care of elders we have to take care of elders giving the money is different from taking care of elders.

Again is not merely the passage of time it is the manifestation of biological events that occur over a span of time.

and also when at our time of childhood they use to take care of us and taking care of elders is most important

for us. we have to take care of elders.

If we take care of elders they

will be very happy. mostly we should

take care of elders. and If we take

care of any person for another is layer greatest value.

It is important to recognize that people age differently the aging body does change. Some systems slow down while others lose their "fine tuning".

If we take care of elders, it's give a grate value to us.

It is a important rule of taking care of elders in our life.

we have to take care of elders taking care of elders is the grate.

responsibility of a social evil.

Take care of

* your's elders. *

INTRODUCTION

* care of elders mean taking care of elders. As we all are aware of the fact that many of the people leave their elders and do not respect them as the people forget about how their parents raise them and grow up by doing hard work without taking care of themselves and many people do not want to take care of elders especially when they are ill and generally they have lot of problems and emotional on that time our caring should be the goal. caring of the elderly can be challenging the term "challenging" is not meant to be used negatively despite the challenges have in the caring, experience can be delight ful and being a care giver for older people can help one appreciate the importance of a variety of thing in the life.

Government of India National
policy on older persons 1999.

maintenance and welfare of parents
and senior citizens Act, 2007 and National
policy for senior citizens 2011, provide
the legal frame work for supporting

the seniors needs. and In past i also
behave bad with my grand mother and
i ^{will} _{was} treat her like my home maid.

After knowing this we should care our
Elders i have come to know how

to treat our senior and After Attaining
the cova session i gain more information
and in this project i learnt so many things

I am very happy by receiving this project
and i want to succeed this project

and i am very thanks to my sundhya tr.
and Ashfaq hassan sir i want to show

this to every one in my society how

to care our elders. care for elders

TREAT them in GOOD MANNER.

Opseant

Methodology



Research Methodology.


In this project I got the information from the covid lectures and from field observation, Interview from community, teachers and also from the citizens by asking the questions to the people and we get the information from hospitals from society schools & shops, Interview, Researching from videos. We can collect the information and I collected the information from these data.

I Search the Information from these data.



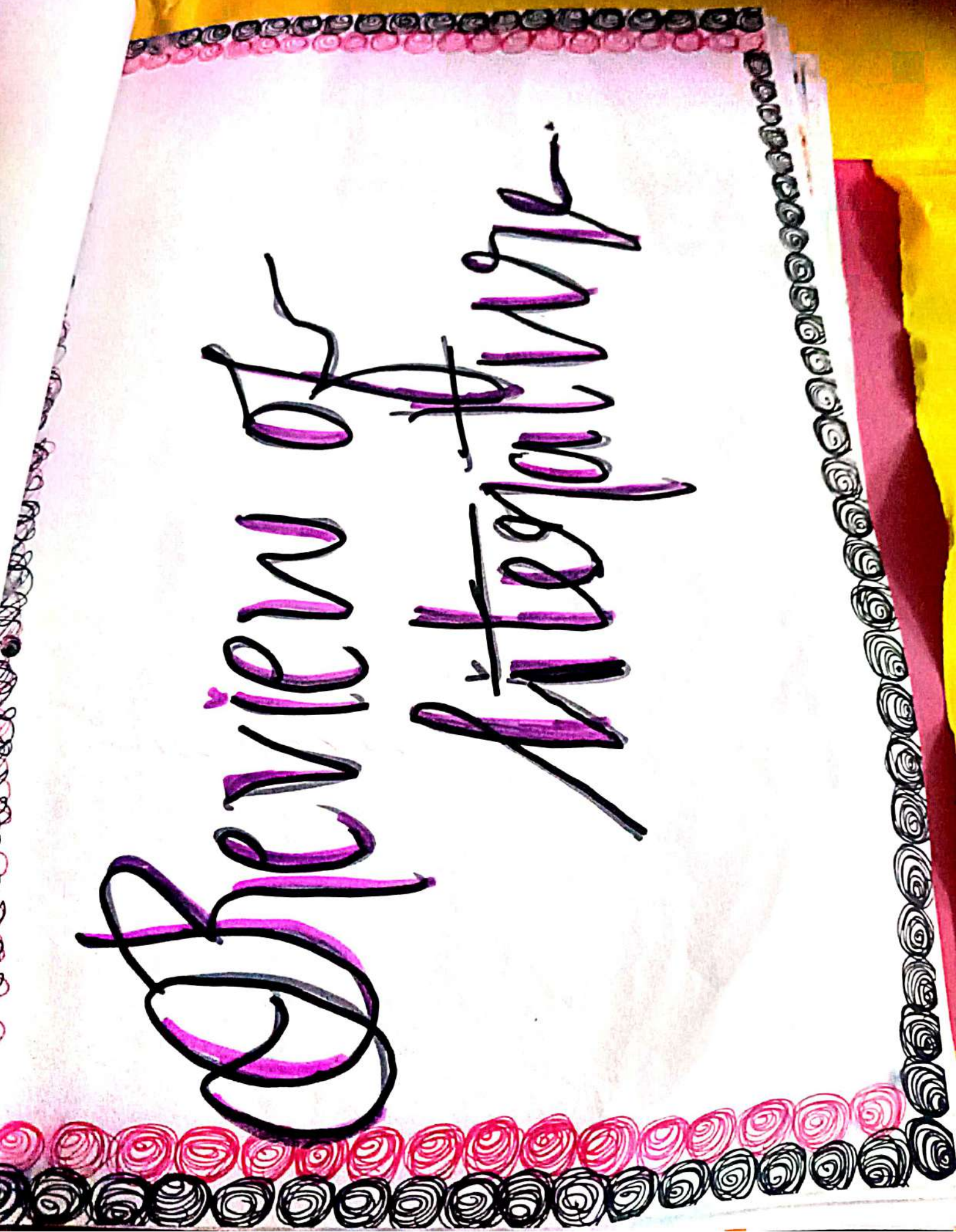
Methodology

As a part of our senior care plan we ensure that the person's blood pressure, pulse, respiration and temperature are checked and recorded regularly if the person suffering from any debilitating illness then additional factors like pain or other symptoms are also be measured using the NRS [or] VAS scale.





Review of Literature



Review of Literature.

Elders often have special needs and needs must be taken care of elders.

If the elders have any problem then it become even earlier for them

to take care of their needs. and

you should take care of elders. as

they needs our help. Some of the

thing can do to revamp their place

If there are in wheelchairs install ramps

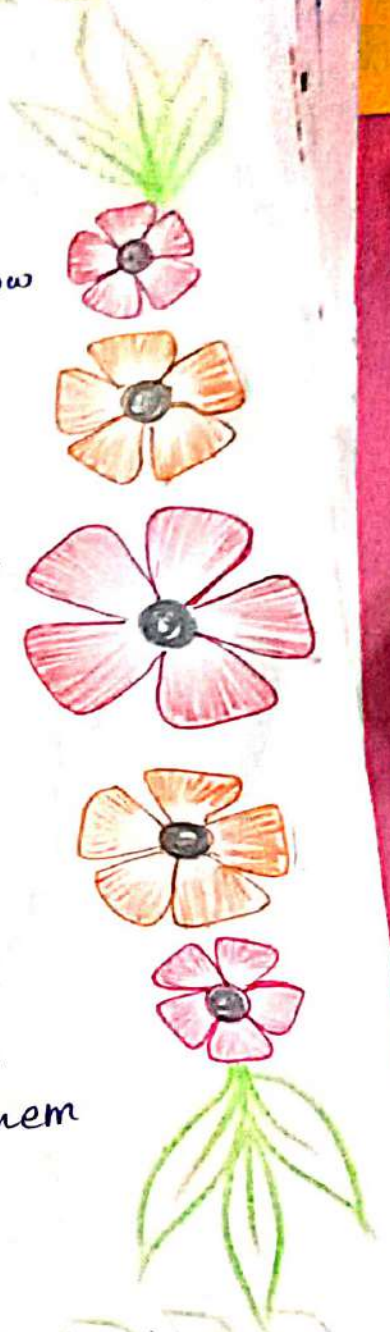
for moving to elevated place. take care

of your's elders as well as you

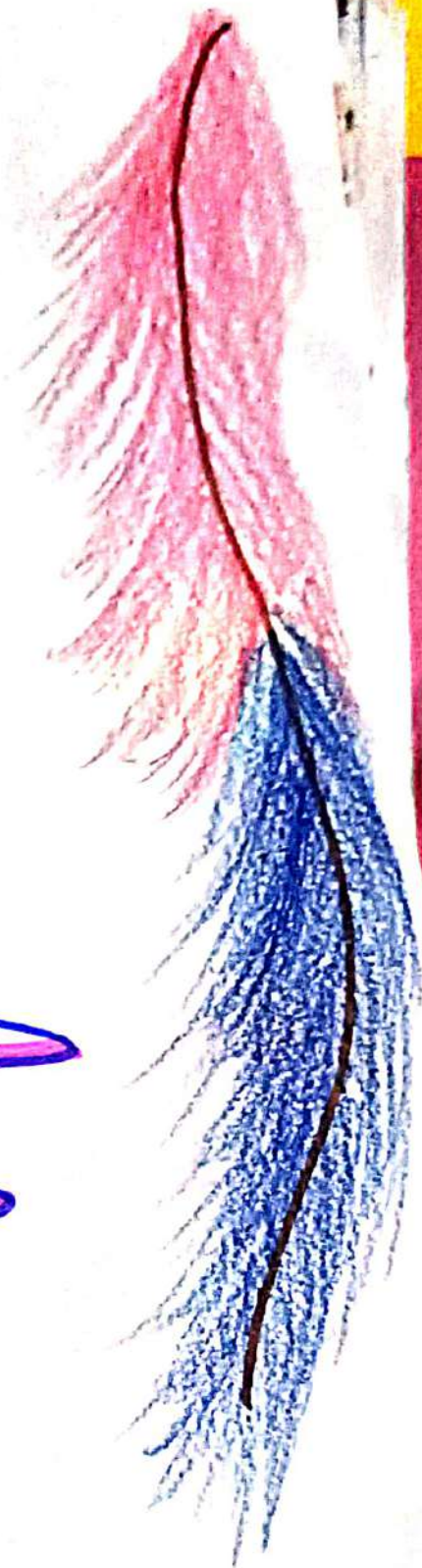
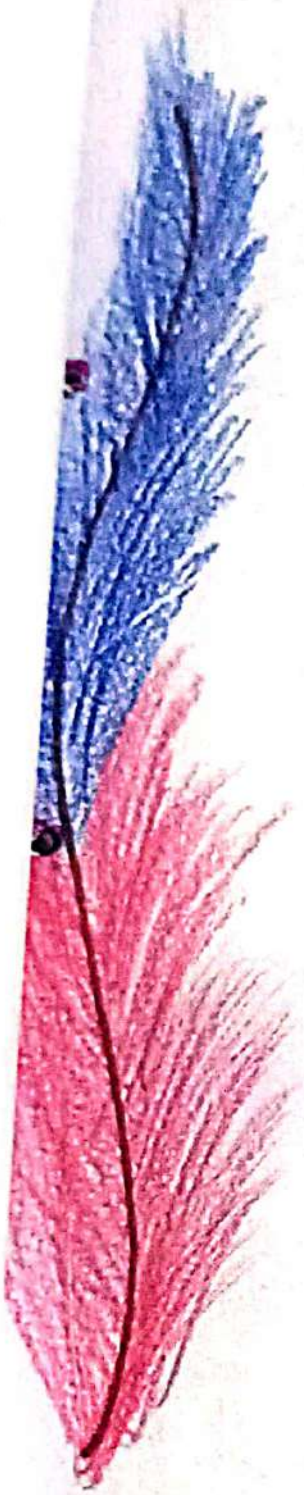
can do.



as we all are aware of the fact that many of the people leave their elders and do not respect them as the people forget about how their parents raise them grow up by doing hard work without taking care of themselves many leave their elders when they are ill especially when they are ill generally they have lot of emotional and physical problem on that we should take care them by providing good care we should make the goal of care by providing them good elderly care by our self with the help of professionals and we should take care them in good manner.

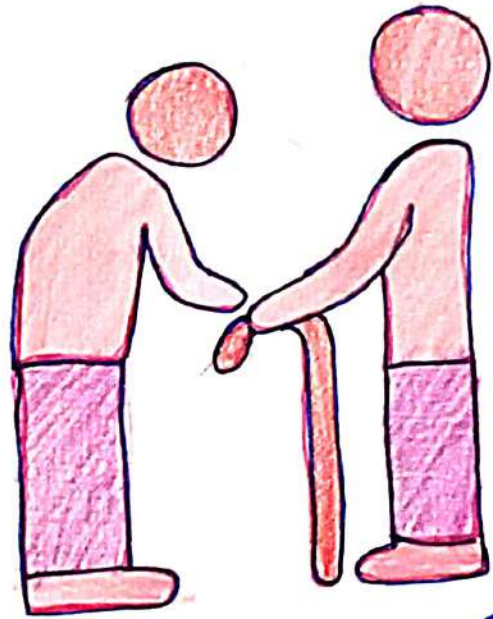
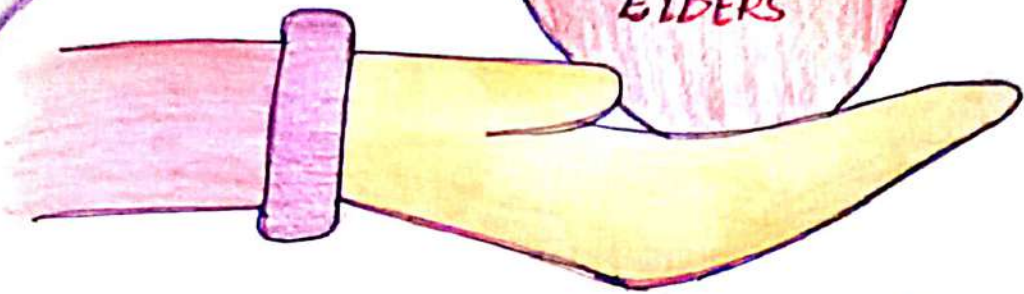


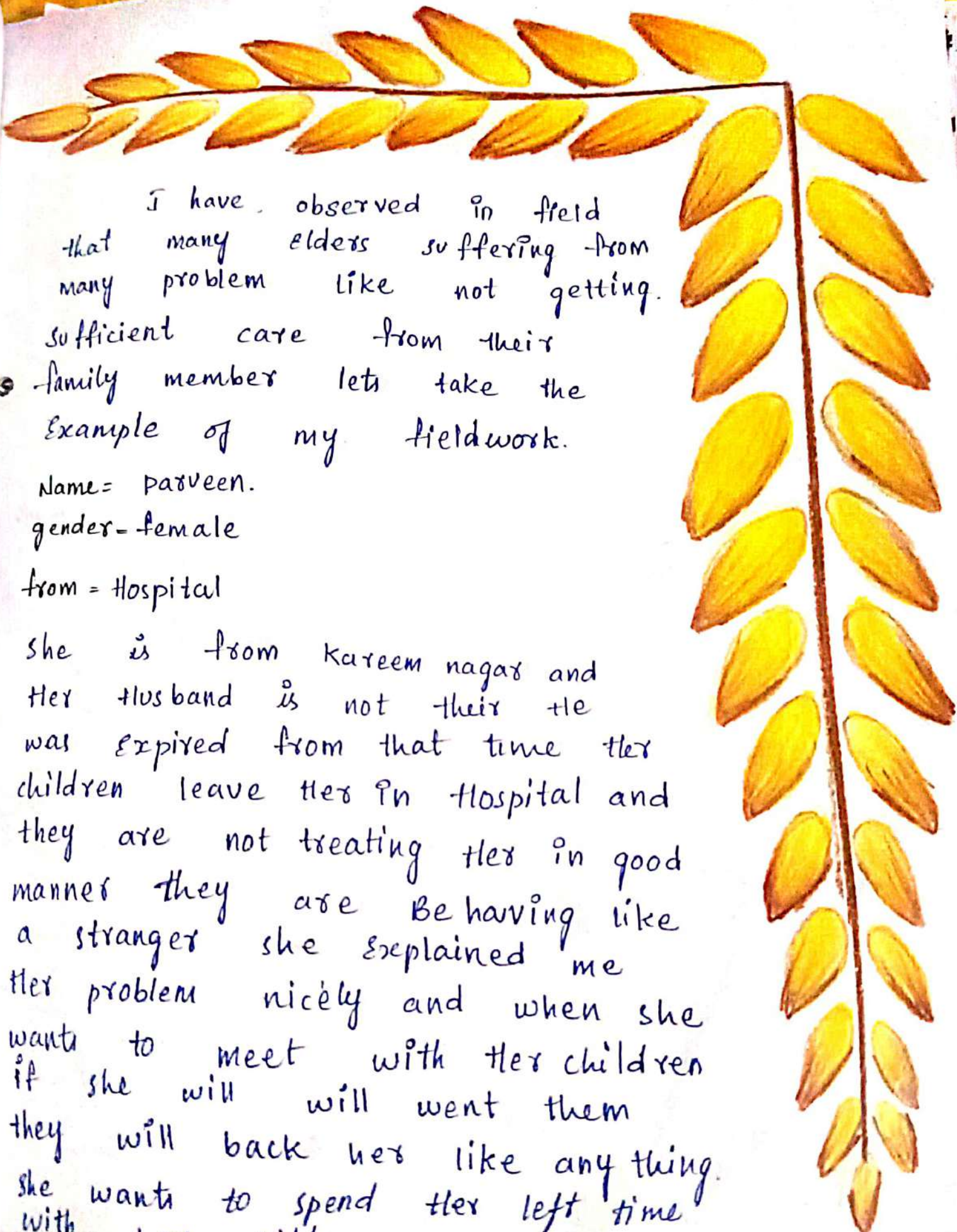
OF FURANCE



I refer this topic and
this project with the help
of sandhya teacher and with
the help of google and by
the help of my friends
and special information from
Ashfaq sir's lecture and
by obtaining the all
classes what they provide
us and by with my own
I have added some information
with my own and I am
very thanks to asfaq for
guiding and thanks to
sandhya teacher.

CARE YOUR
ELDERS





I have observed in field that many elders suffering from many problem like not getting sufficient care from their family member lets take the Example of my fieldwork.

Name = Parveen.

gender - female

from = Hospital

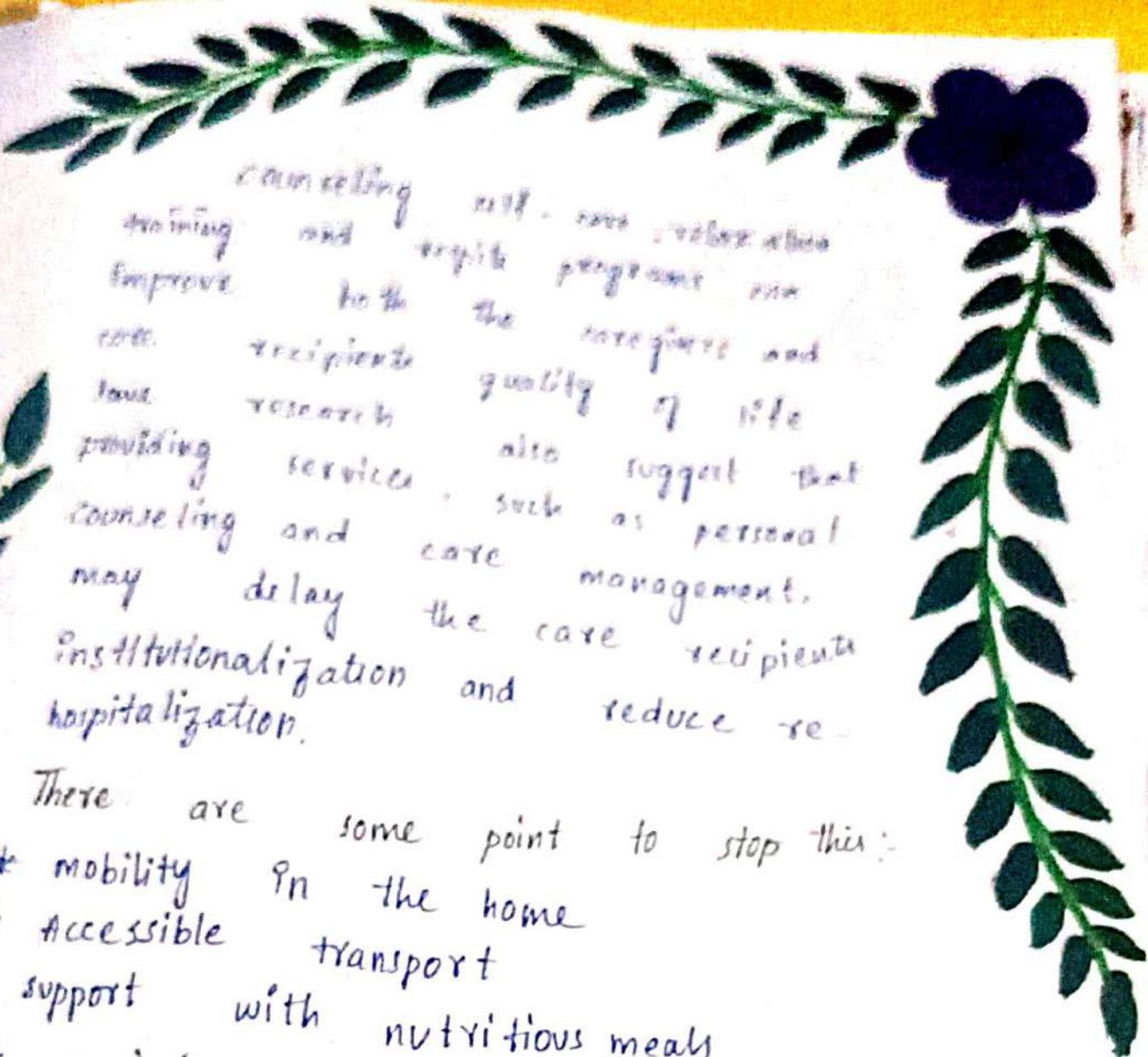
She is from Kareem nagar and Her husband is not there he was expired from that time the children leave her in hospital and they are not treating her in good manner they are behaving like a stranger she explained me her problem nicely and when she wants to meet with her children if she will will went them they will back her like any thing. she wants to spend her left time with her children.

Friendship



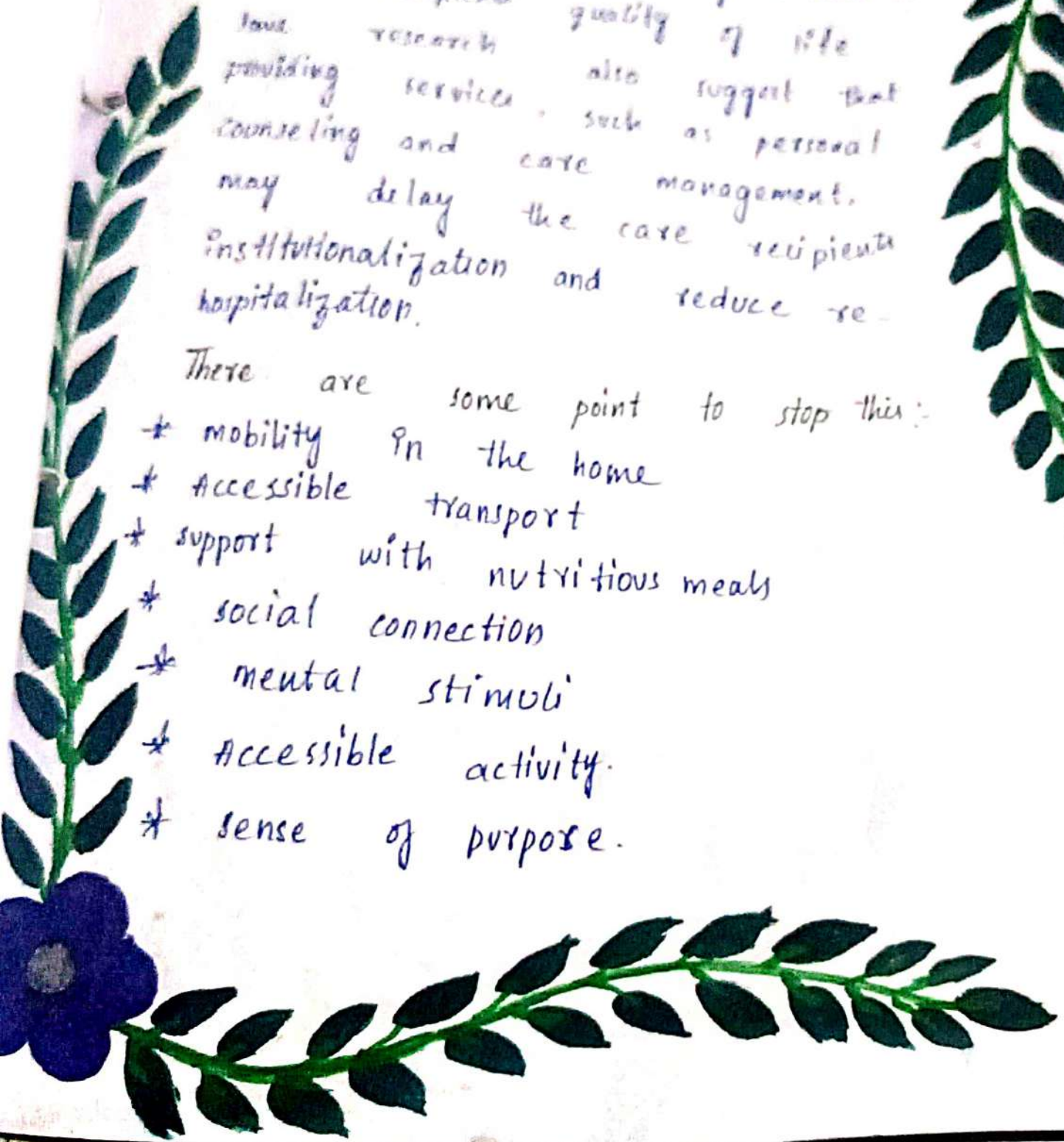
Case of
Ender

Recommencement
For Oblation

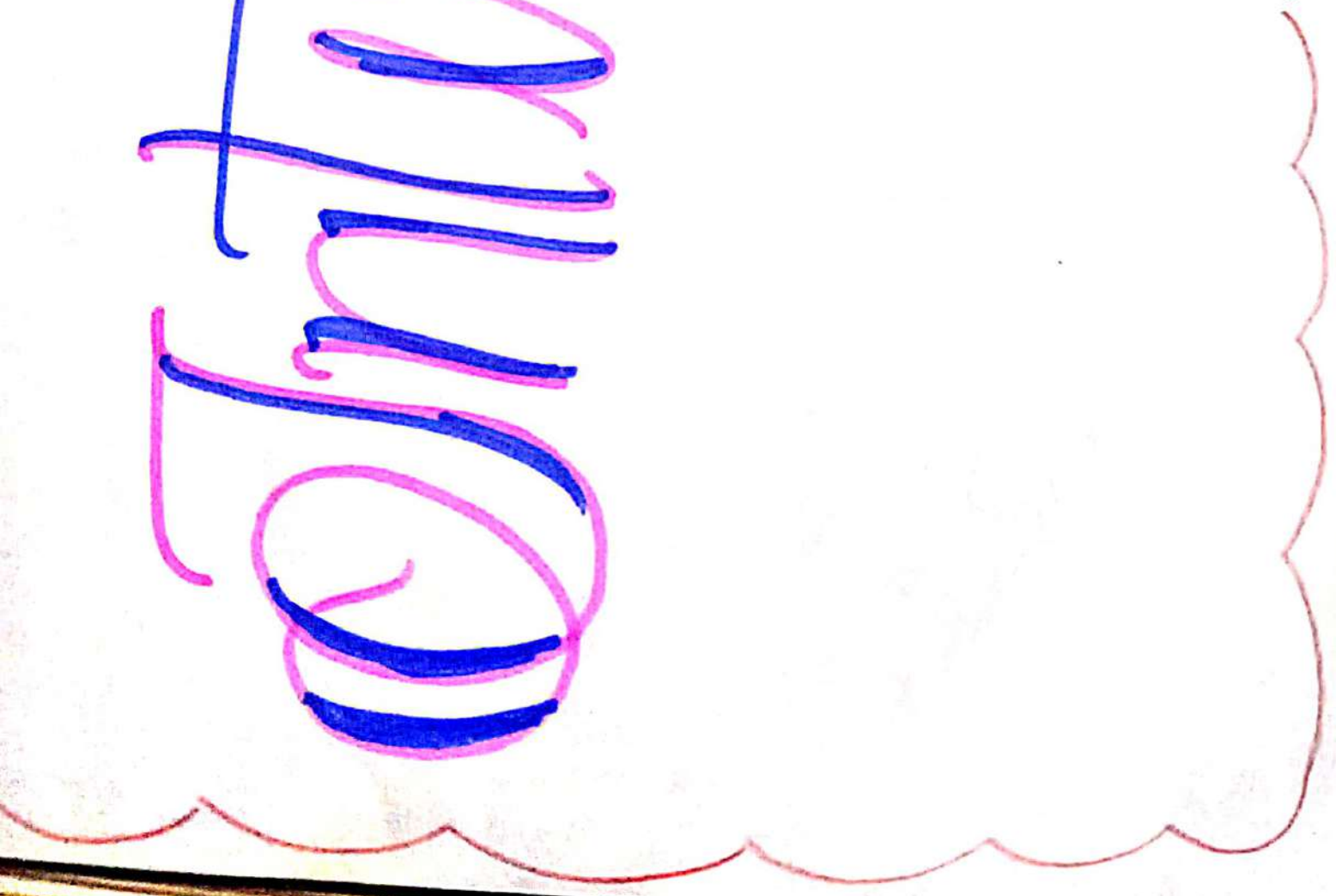


counseling and self-care education
improve both the programs and
care recipients' quality of life
and research also suggest that
providing services such as personal
counseling and care management
may delay the care recipients
institutionalization and reduce re-
hospitalization.

There are some points to stop this:

- * mobility in the home
 - * Accessible transport
 - * support with nutritious meals
 - * social connection
 - * mental stimuli
 - * Accessible activity.
 - * sense of purpose.
- 

Stonew



1. Interview:-

Name of the person: M. Rajesh.

me:- good afternoon sir.

sir:- good afternoon

me:- sir we are from TMRS khairatabad girls. we are doing one project on care of elders.

~~me~~ me:- can we collect some information from you.

sir:- yes you can.

me:- how many members leave in your home

sir:- me and my 2 sons

me:- what work they will do.

sir:- I is working for soft ware I has married.

me:- how they will treat you.

sir:- some time they will treat me nicely some time. Bad.

me:- Are you comfortable with them.

sir:- yes. I am comfortable with them.

2. Interview.

Name of the person:- Nisar.

me: Assalamualaikum Uncle

uncle: wallaikum salam.

me: What's your name!

uncle: Nisar

me: Nisar uncle can you give some time to talk with you

uncle:- Ha! you can

me:- we from TMRS Khairatabad girls.-1

we are doing one project

about the topic care of elders.

uncle:- Oh! taking care of elders.

me:- what is your age?

uncle:- 60

me:- How many members live in your home

uncle:- my wife and my 2 sons 1 daughter and me

me:- How you are children caring you both.

uncle:- They will be busy with their work if they get time then they will take care of us.

me:- ok uncle thank you.

Interview 3

Hello my self ^{Abiya} Jabeen from VII
Grade.

Me :- I will ask some questions about care
of elders.

My friend :- ok.

Me :- you have elder one in your home.

My friend :- yes; I have

Me :- How you will take care of your
elders.

My friend :- ~~A~~ by helping and by caring
of my elder one.

Interview 3

Hello! my Self - Afiya Jabeen
Grade from VII

Me :- I will ask some questions about care of elders.

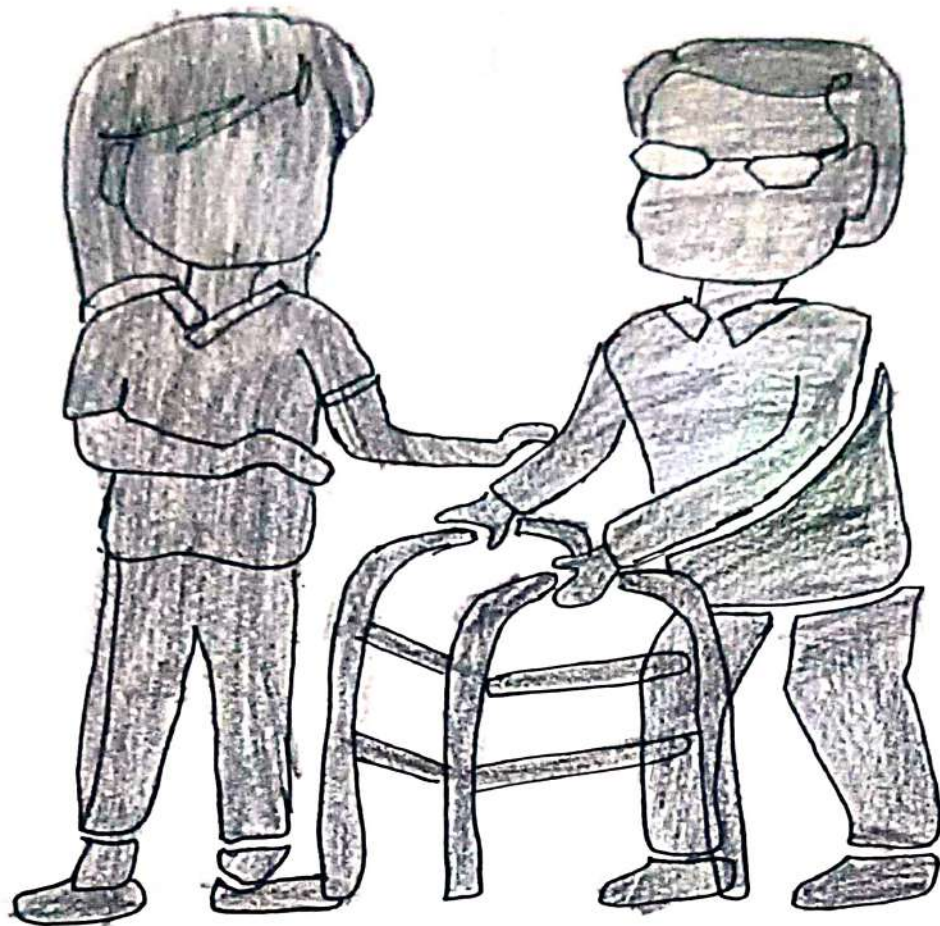
My friend :- ok.

Me :- you have elder one in your home.

My friend :- yes, I have

Me :- How you will take care of your elders.

My friend :- ~~A~~ by helping and by caring of my elder one.




Taking care of the elderly gives us an insight to unconditional love and help us love them in the same manner it shows us that kind of love does not exist any where else.

Questions

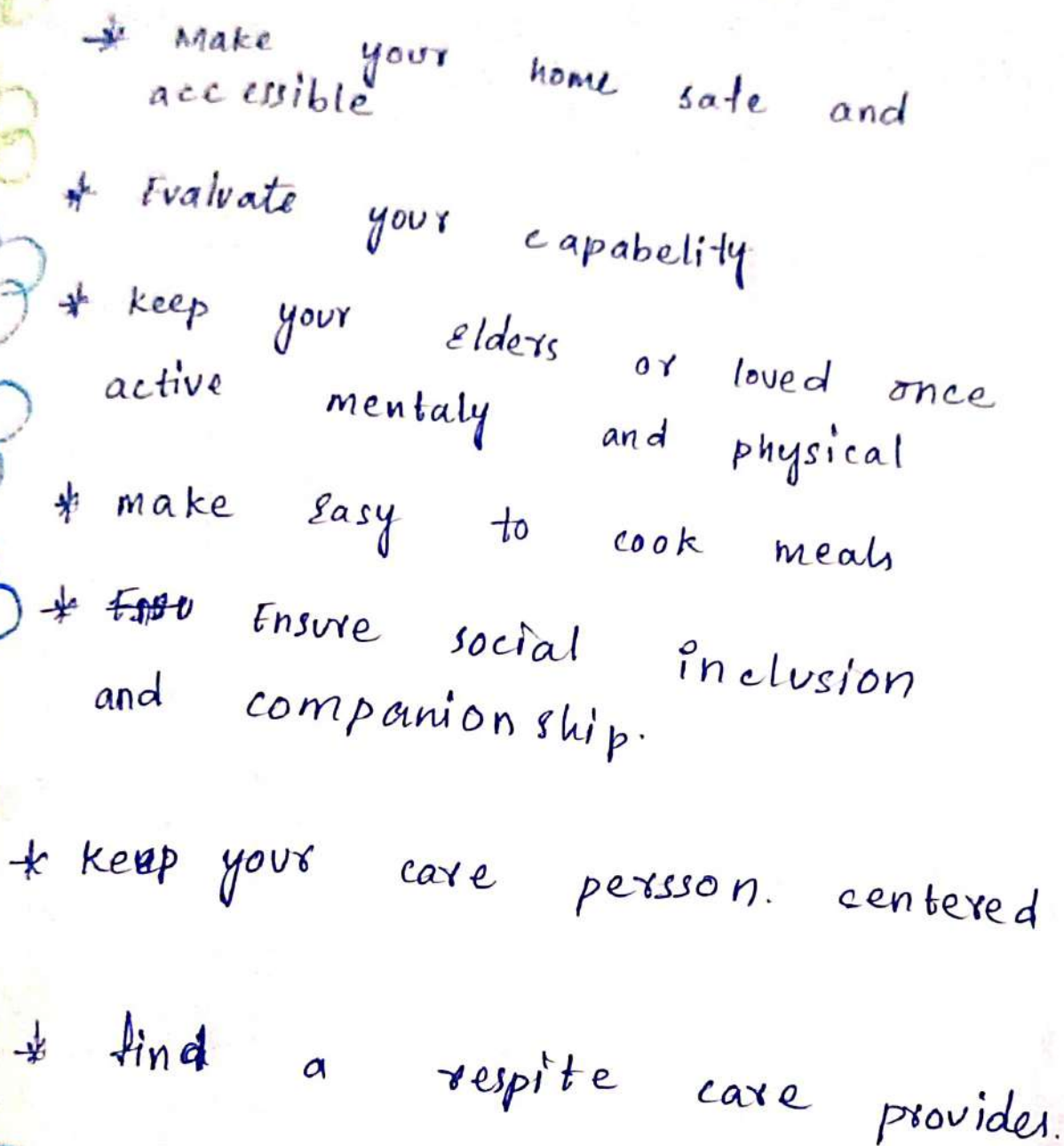
For

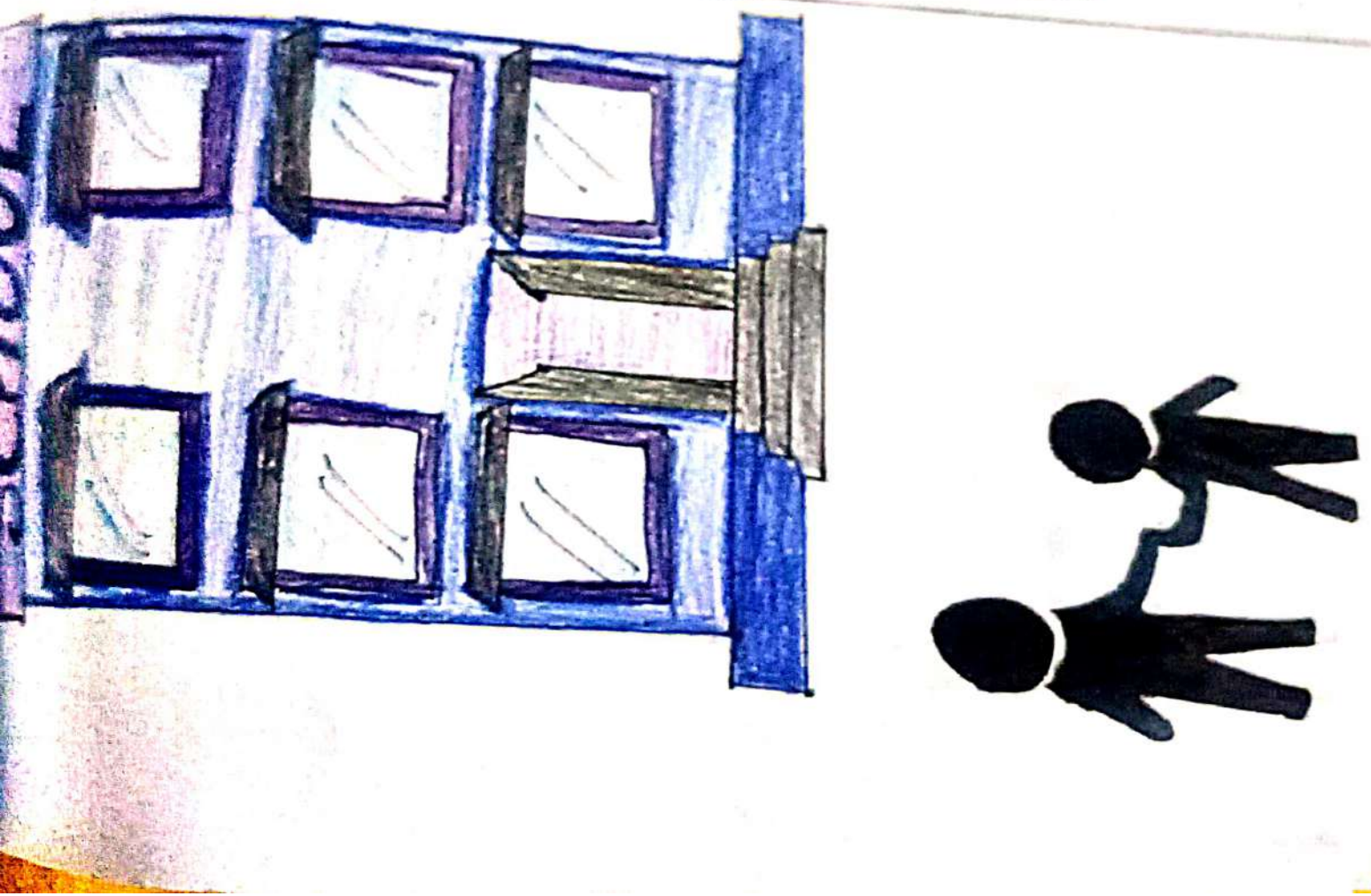
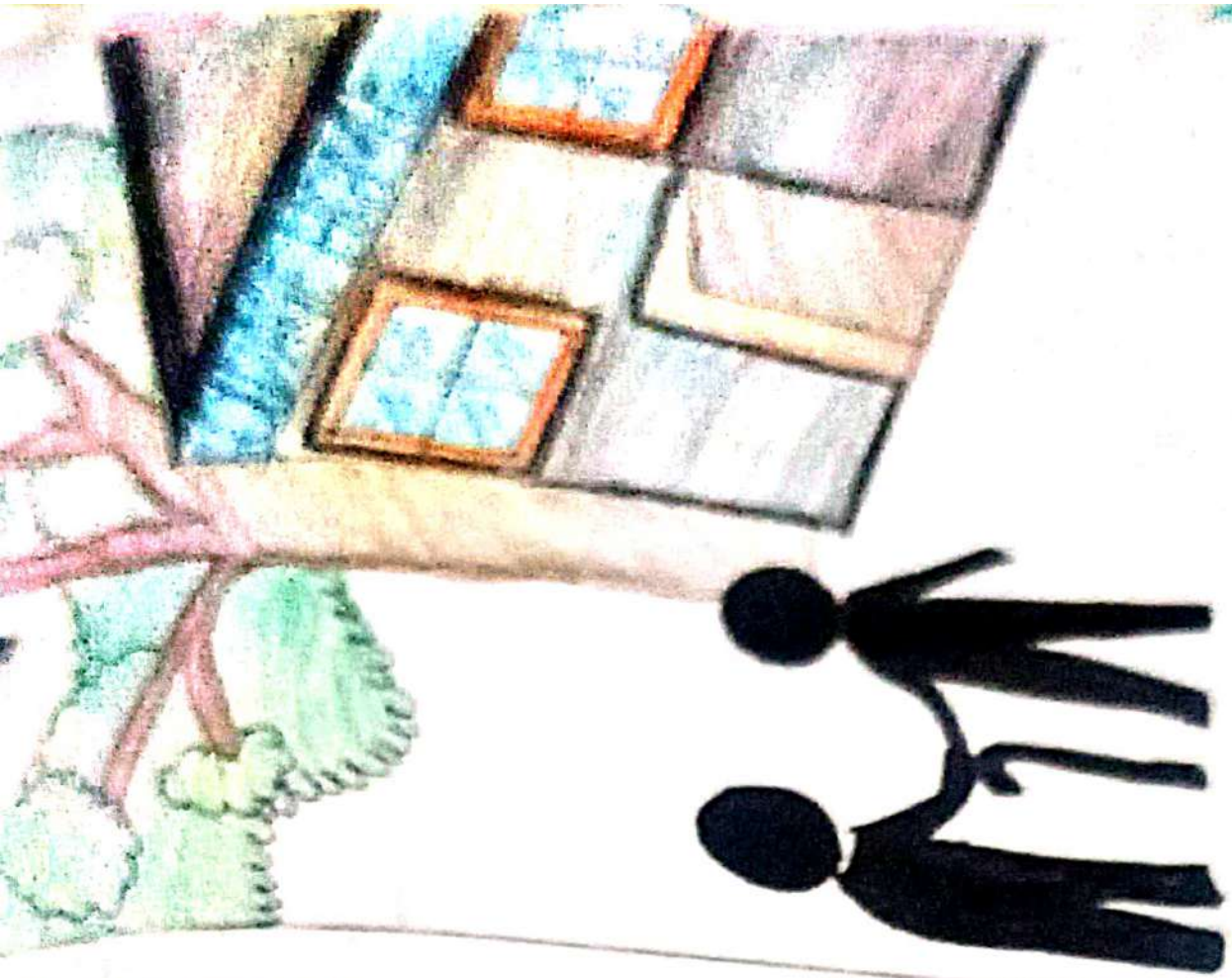
Action





Suggestions for action. in points

- * Make your home safe and accessible
 - * Evaluate your capability
 - * Keep your elders or loved ones active mentally and physical
 - * make easy to cook meals
 - * ~~Ensure~~ Ensure social inclusion and companionship.
 - * Keep your care person. centered
 - * Find a respite care provider.
- 



ACTION TAKEN

BY DEB

Action taken by self

* who to contact when worried about
an elderly person if there
an immediately treat or
Emergency then you should always
contact ~~111~~ in 14567 the first
instance. if a situation
occurs but its not an
Emergency then call 111
for Advice.



Reports of
Presentation

from
TMREIS khairatabad Girls-1,

Date - 21/02/2024

To
The chief secretary,
Health department

Subj - Health Issues at govt. Hospitals

Respected sir,

We the students of TMRS khairatabad Girls-1 and we went to King Koti Hospital, and there we observed that elders are waiting in queue for many hours when they are sick.

So, we request that for elders they should have separate counters.

* If that is not possible then separate time in the morning for elders and after them others can be treated.

* All medicines to be provided in free of cost.

* And Toilets should be clean and hygienic

Thankyou sir

Yours sincerely,

Students of khairatabad Girls-1

Results



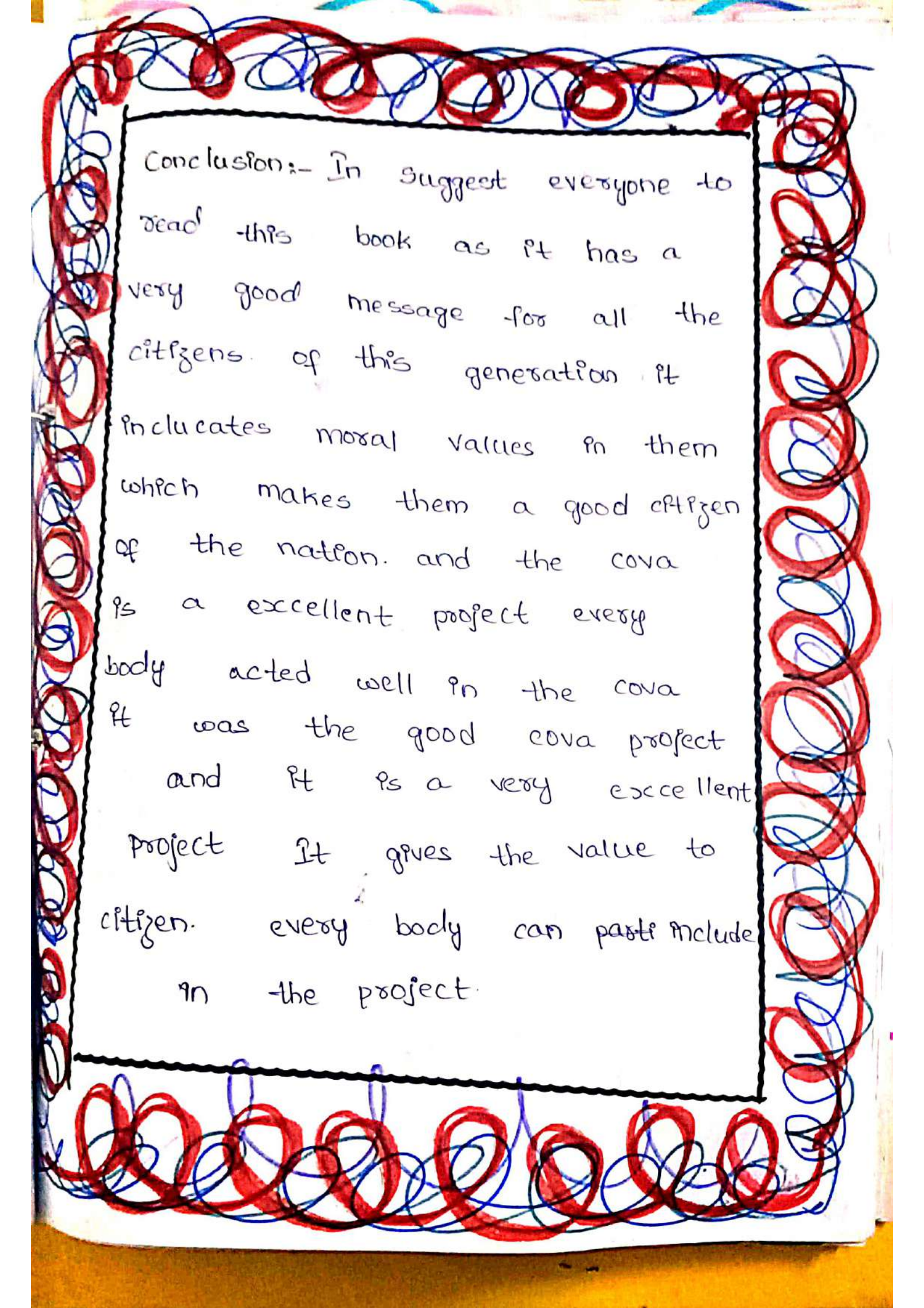
Result

The study found that thinking has moved on from a focus on the problems of accessing services to exploring ways in which they may function in many ways.




CONCLUSION





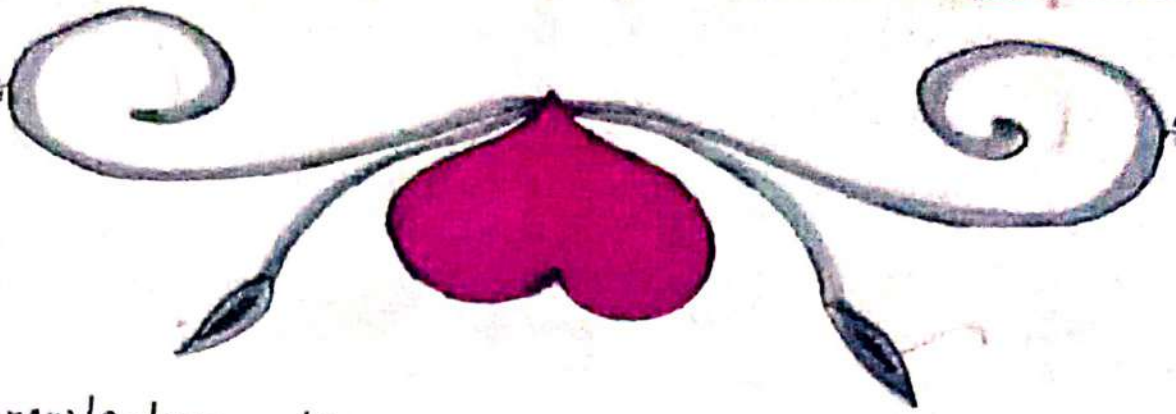
Conclusion:- I suggest everyone to read this book as it has a very good message for all the citizens of this generation. It inculcates moral values in them which makes them a good citizen of the nation. and the COVA is a excellent project every body acted well in the COVA. It was the good COVA project and it is a very excellent project. It gives the value to citizen. every body can participate in the project.



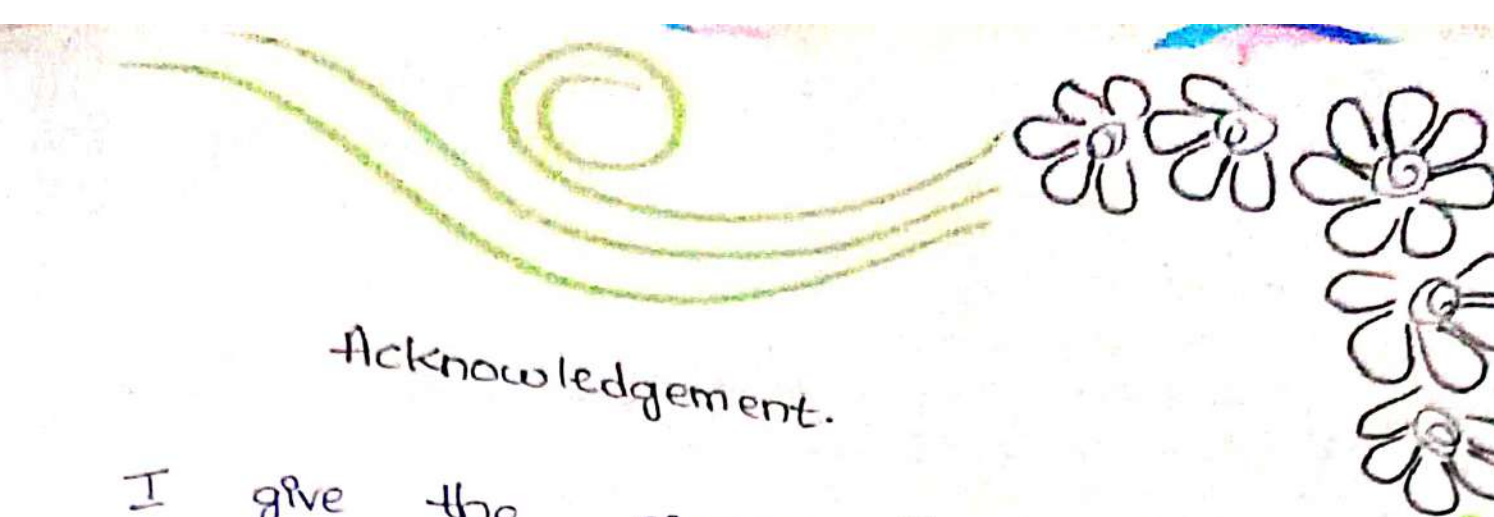
conclusion: After locating appropriate care they must help support their elders and themselves through the stressful process of transitioning into care transitions of elders and trying times for family members and elders a like.

Afternoon






Acknowledgment; it is my duty to record my gratitude for the help and suggestions that I have found from different sources in the presentation of this work. I wish to express my gratitude to lecture care of elders for this scholarly guidance. The magnitude of my talk was rendered easy by the valuable and supervision of the lecture to whom I am greatly indebted and obliged. I am also greatful to my friends my sincere thanks to the aged people of compassionate citizenship program and Ashfaq sir at near hyd for patiently answering my questions.

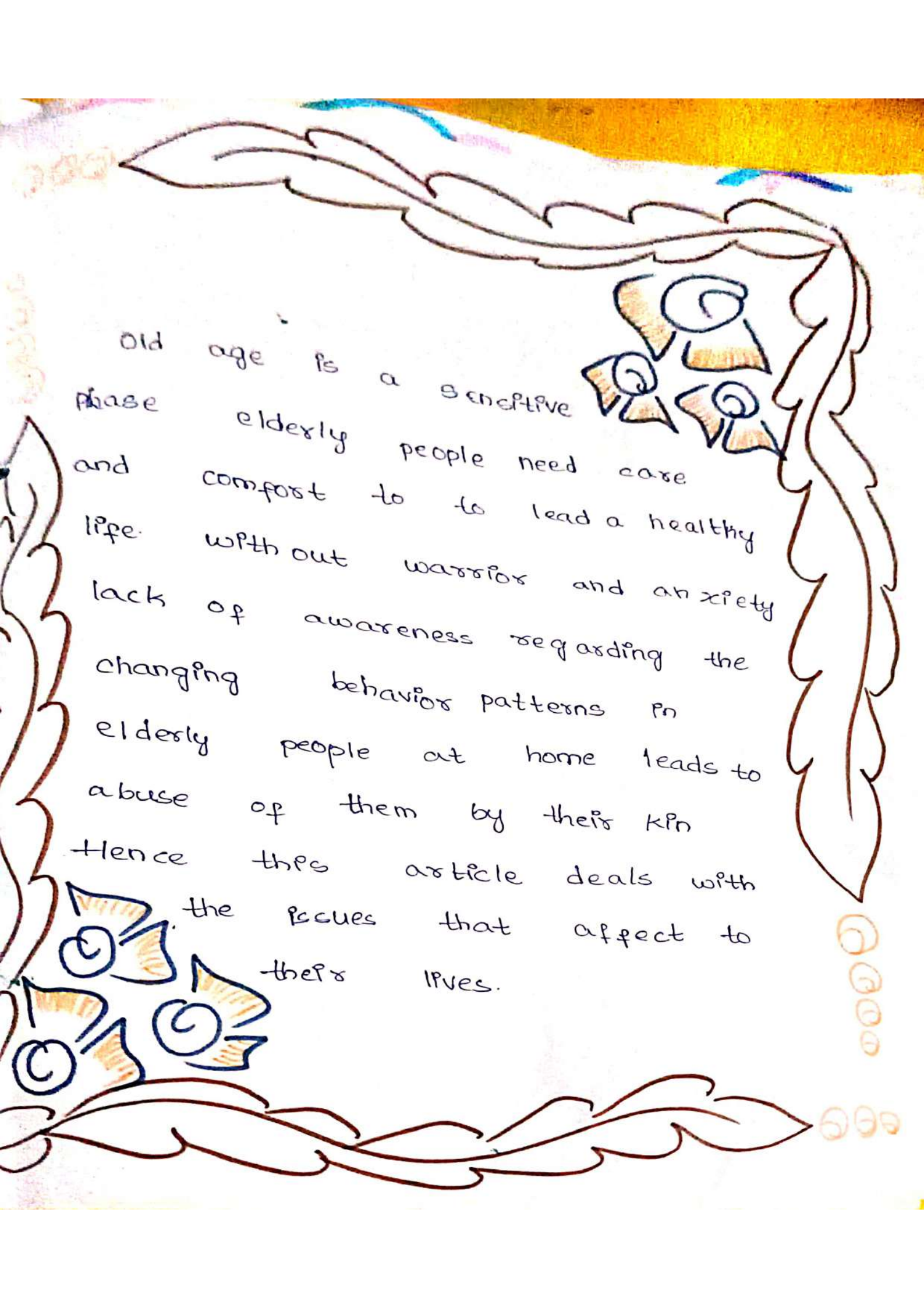


Acknowledgement.

I give the sincere thanks to my cova head and cova team.

is a label given to men or women who recognized by other by their community their nation for having wisdom and knowledge and also cova values, stories and the history of citizens and nation after this project wisdom has experience. and the thanks for the cova team. to. taking responsibility of the nation.





Old age is a sensitive phase elderly people need care and comfort to to lead a healthy life. without worries and anxiety lack of awareness regarding the changing behavior patterns in elderly people at home leads to abuse of them by their kin. Hence this article deals with the issues that affect to their lives.





if you will respect to
your Elders
society will give you
Respect

Handwritten text in cursive script, possibly reading "Pumpkin" or "Pumpkin", written in black ink with red and green highlights.

